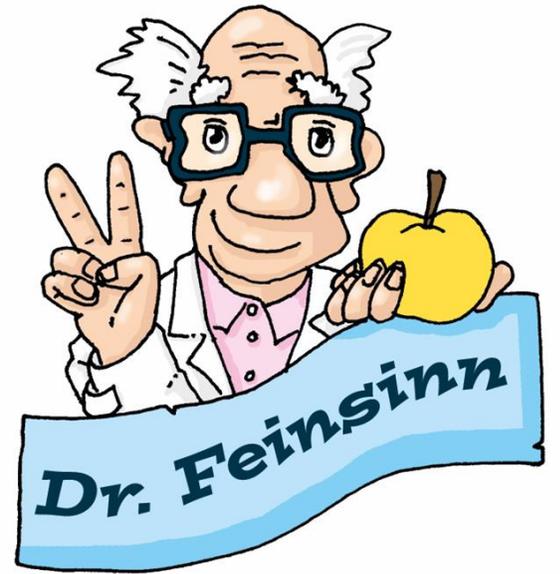




**FIELD  
TO SCHOOL**



**DR. FEINSINN'S SENSORY LAB**

Co-funded by the  
Erasmus+ Programme  
of the European Union



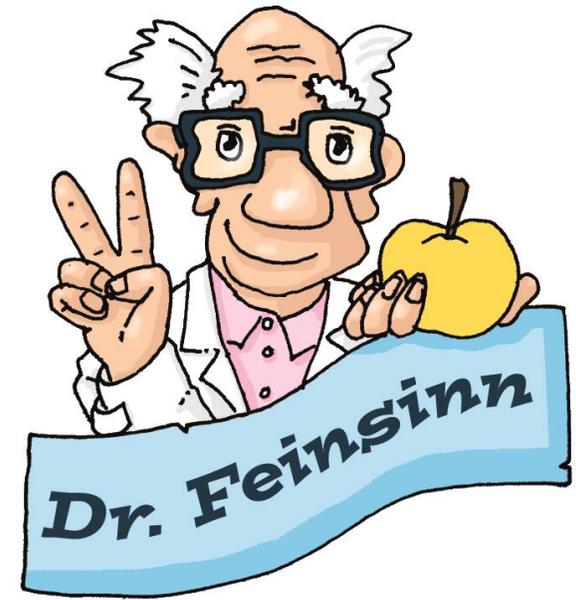


# FIELD TO SCHOOL

Children in Europe often don't consume enough fruits and vegetables.

**But, knowing fruits is a prerequisite for liking them!**

The aim of Dr. Feinsinn's sensory lab is to allow students to explore fruit and vegetables and motivate them to pick fruits and vegetables as part of their meal choices.

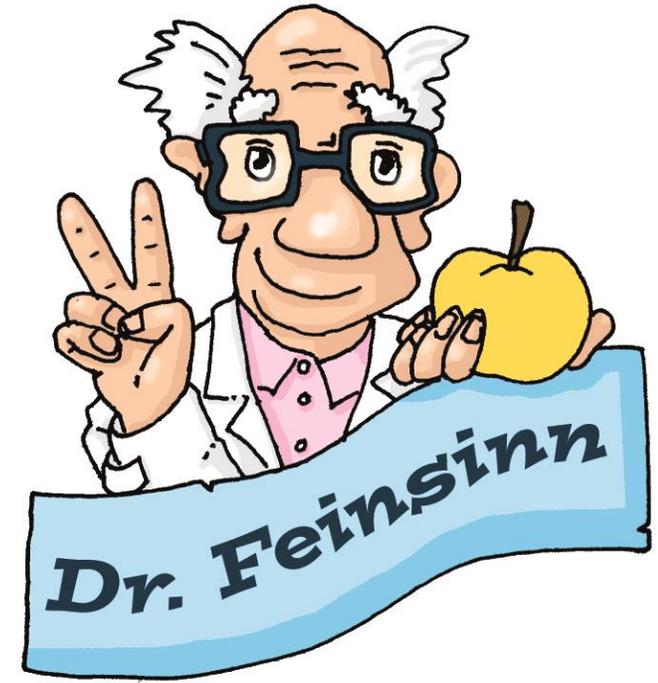




# FIELD TO SCHOOL

## DR. FEINSINN – MOBILE SENSORY LAB

The programme can be done in one lesson and is suitable for all school levels.



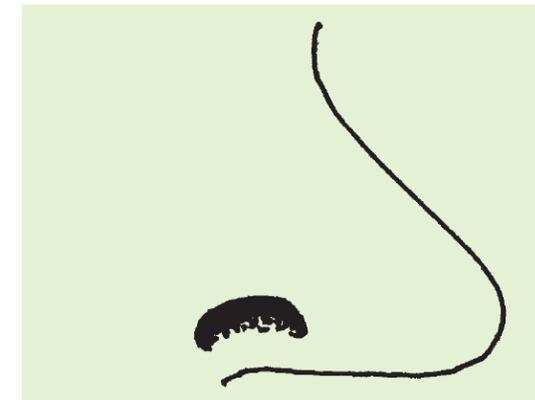
Dr Feinsinn has 5 interactive “sensory labs” that ask the questions:

1. How does it smell?
2. How does it taste?
3. What does it look like?
4. What does it sound like?
5. What does it feel like?





# FIELD TO SCHOOL



## 1. How does it smell?

### Use your sense of smell like a dog does

- Students blind taste with blindfolds on.
- Use samples of apple and onion, first with a nose clip and then without.

*When preparing the samples, make sure that both the apple and the onion is cut into equal pieces, so as not to give away any clues as to which is which!*



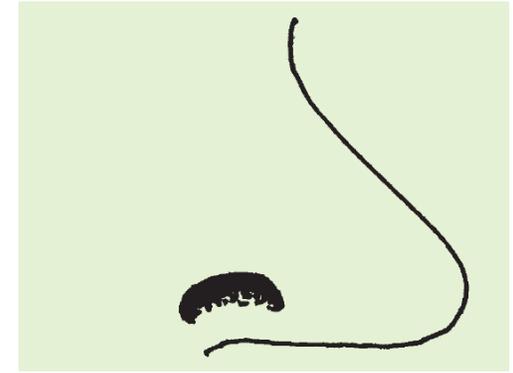


# FIELD TO SCHOOL

## 1. How does it smell?

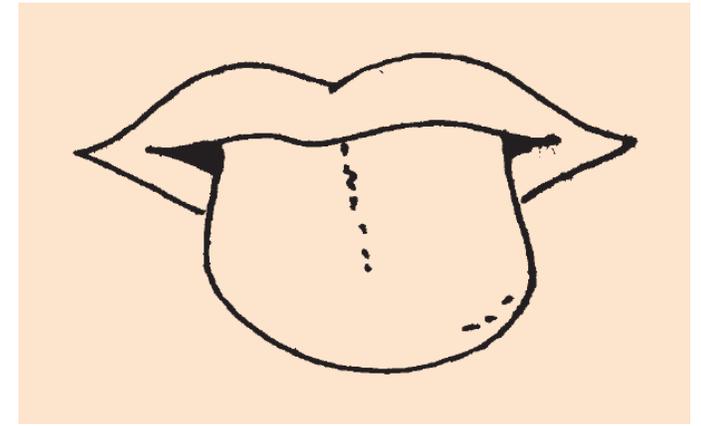
Students learn that onion and apple taste the same when holding their noses.

**Learning outcome - The nose / smell is indispensable for tasting!**





# FIELD TO SCHOOL



## 2. How does it taste?

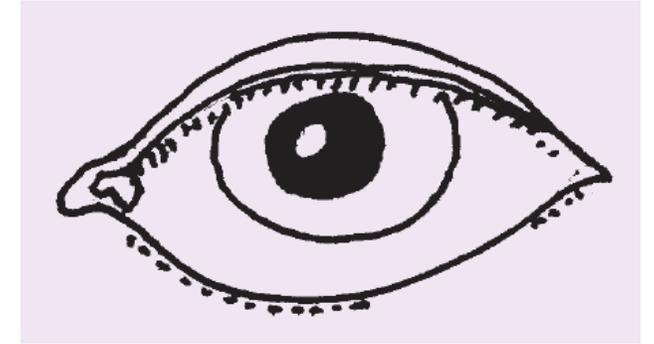
Students taste three different apple varieties. They learn that different flavours are perceived by using the tongue .

- Try pieces from three different apple varieties.
- Which apple is sweeter, which one is more sour?





# FIELD TO SCHOOL



## 3. What does it look like?

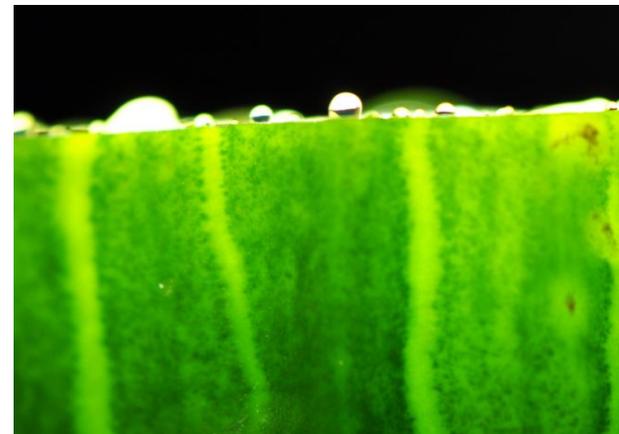
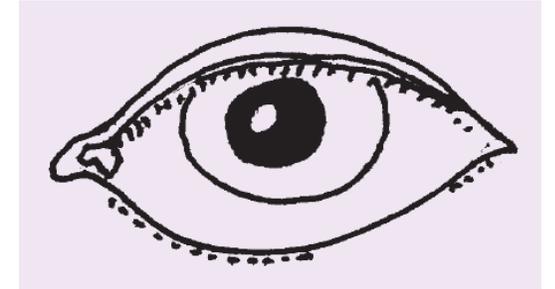
Do you know, which fruits and vegetables are in these photos?

- Use close up pictures of different fruits and vegetables.
- Students are tasked with naming them.





# FIELD TO SCHOOL



Carrot,  
apple,  
raspberry,  
strawberry,  
cucumber,  
radish,  
pepper,  
walnut

Co-funded by the  
Erasmus+ Programme  
of the European Union





# FIELD TO SCHOOL

## 4. What does it sound like?

Sounds of eating or cutting fruit and vegetables are played on the audio system.

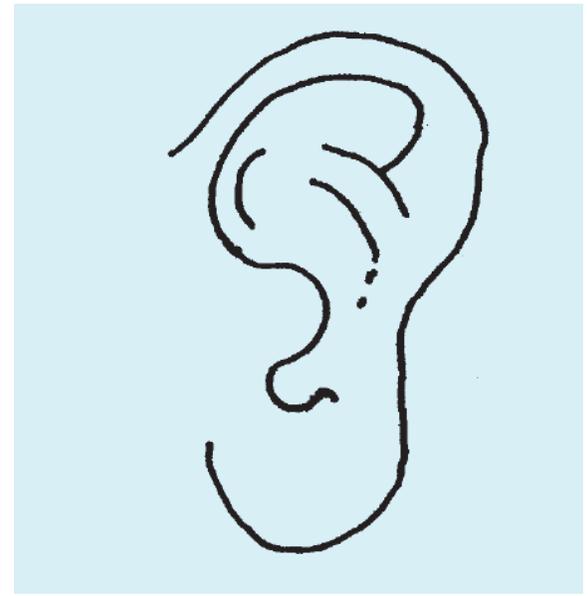
- Turn on the audio system, put on the headphones.
- Listen carefully to the sounds!
- What do you hear? What is it?





**FIELD  
TO SCHOOL**

## **SOUNDS OF VEGETABLE**



4 sound examples!

Co-funded by the  
Erasmus+ Programme  
of the European Union



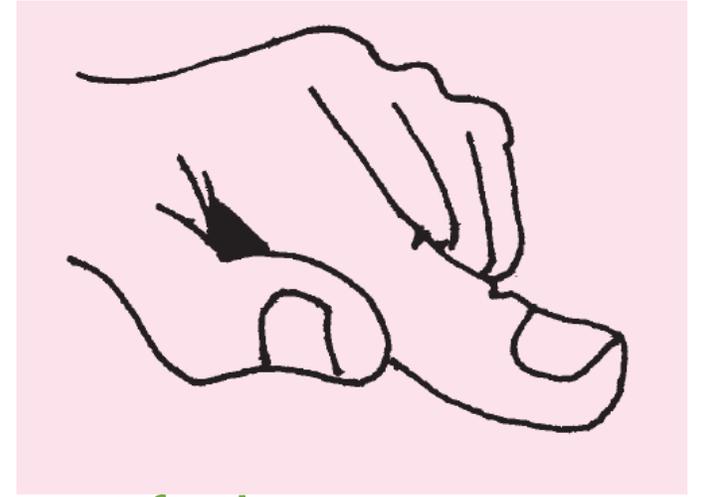


# FIELD TO SCHOOL

## 5. What does it feel like?

Have five numbered boxes with holes in and a different fruit inside each one.

- Put your hands through the hole
- What can you feel? What does it feel like?
- In which box is ...
  - a. the softest fruit?
  - b. the smoothest fruit?
  - c. the roughest fruit?
  - d. the hardest fruit?





# FIELD TO SCHOOL

## ABOUT THE DR. FEINSINN PROJECT

This project was created in 2010 by FIBL Austria, Freilandverband and Gutessen Consulting and founded by the Austrian Ministry of Agriculture and the European Union.



MIT UNTERSTÜTZUNG VON BUND UND EUROPÄISCHER UNION



Europäischer Landwirtschaftsfonds  
für die Entwicklung des ländlichen  
Raums: Hier investiert Europa in  
die ländlichen Gebiete.



Co-funded by the  
Erasmus+ Programme  
of the European Union

